



GALLUP-McKINLEY
COUNTY SCHOOLS

A word from Jonathan Gutierrez, Career Counselor for Miyamura High

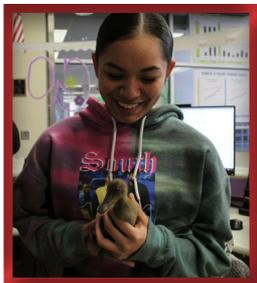


My name is Johnathan Gutierrez and I am the current college and career counselor for Miyamura High School. Although this was not my first career choice, it's been a rewarding one and I am honored to be part of the Miyamura community. Seeing a student grow and accomplish their dreams reminded me of why I chose to return to my hometown of Gallup, New Mexico. As a youth I was fortunate to be mentored by a few amazing Gallupians; Angelo Dipaolo, David "Amos" Schmaltz and Cecil Garcia, to be exact. That whole experience of being supported by those in my community inspired me to want to give back whenever the opportunity arose. In addition to providing guidance and opportunity to my students I also want to impart any wisdom, reflection or life lessons that can help them along the way – as my former mentors did for me.

This Friday, April 1st Miyamura High School will be hosting a career fair. This career fair is constructed of over 15 employers, many of them are our local businesses. The mission of this event is to get community involvement back into our schools. Together we can make a difference through mentoring, advising and guiding our youth to the next chapter of their lives.

Johnathan Gutierrez
College & Career Counselor
Miyamura High School

Miyamura High School celebrates two days of Wellness!



On March 24th and 25th Miyamura High School was a host to a new and exciting Wellness Event. The two-day workshop consisted of multiple different facets of wellness including, yoga, art therapy, animal therapy, nutrition, several different workshops and games all with the goal of giving students the opportunity to learn new skills and to do so in an engaging social atmosphere.



the Natural Helpers Club and president of both groups, senior Lauren

MHS Counselor, Sahara Butler stated that with all the many challenges and hardships students have faced over the last few years there was an overwhelming need to do more. She said "as a counselor, it just didn't feel like we were reaching everybody, and it felt like we needed something big for all students to participate in." Ms. Butler approached the idea with two of the clubs that she sponsors, the GSA or Gender and Sexuality Alliance Club and



Hightower. Hightower stated that as a result of the social isolation from the pandemic students had lost their ability to connect with one another and were struggling both socially and academically. She said "I wanted students to feel like school was fun. (I thought) this could help raise our school morale a little bit."

The two-day event was a collaborative effort with community involvement through Gallup Arts, Spirit Farms, DWI Prevention, Gallup Fire Department, NM Health Office, UNM, Presbyterian, GMCS Early Childhood, GMCS staff - Virgil Brown, Mr. Carlos Baki, Buffy Klumpenower, Sheila Lofgreen as well as MHS's Student Council, Key Club and National Honor Society all hosting workshops, or booths. The amazing staff of Miyamura High School were all on hand to make sure that everything ran smoothly.



The overall feel of the event was positive. The event, although somewhat experimental, seemed to go well. Butler said "I think it turned out really well. I think that students did benefit from something like this, and if nothing else, it was a day to kind of hang out and have new learning and new opportunities." As far as making this workshop an annual event, Butler stated "I think it would be something cool for clubs like the natural helpers and the GSA to do annually and kind of grow with new workshop or do we want more of a conference style with a keynote speaker. (I think) we could get more things to give to students... it would be really cool to think about what a future wellness conference would look like and how we can make it bigger, better and more successful."



UPCOMING EVENTS

- School Library Month - all April
- Miyamura High Career Fair - April 1
- School Board Meeting April 11
- National Volunteer Week April 17-23
- Earth Day - April 22
- Navajo Sovereignty Day - April 25
- Administrative Professionals Day - April 27
- Gallup High Career Fair - April 27